



Please join us Thursday, October 10, 2019
from **2:30-3:30 pm**
for a free webinar on

The Seven Challenges

Presenter: LaShanda Spence, MA, MSW, LGSW
Regional Youth Service Center Coordinator at FMRS

The Seven Challenges program is designed for adolescent substance use or dependent individuals, to motivate a decision and commitment to change. It helps young people look at themselves, understand what it takes to give up a drug abusing lifestyle and prepare for and attain success when they commit to making change. It is researched based, culturally sensitive, holistic in nature and considered to be a partnership with the youth.

This training is offered only via WebEx (no conference call lines will be available). **The Webinar is FREE but you must register in advance.** We are limited to 100 WebEx participants, so please **register early** and plan for group access when able. **This webinar will be recorded and posted with CEUs for future listening for those unable to attend the live offering.**

Registration Link, CEU Information and Presenter Bio
are available on our web page:

[West Virginia School Health Technical Assistance Center](#)

Learning Objectives:

- History/Beginnings of Seven Challenges
- Overview of Program including working process and session set up
- Learn about what keeps youth from seeking services
- Learn about what can potentially aid in helping them reach out
- Review of journals and implementation processes

Miscellaneous Information:

Approved for 1 hour of continuing education credit from the WV Board of Examiners for Counseling #529. Approved for 1.2 hours of continuing education credit for nursing provided by the Marshall University Research Corp through the West Virginia Board of Nursing #WV-2018-640RN. CEUs pending approval from the Office of Maternal, Child, and Family Health for Social Work through the West Virginia Board of Social Work Examiners #490089.

Support provided by: The Claude Worthington Benedum Foundation, WV DHHR, West Virginia Bureau for Behavioral Health, West Virginia Department of Education, and the West Virginia School Health Technical Assistance Center.

For more information:

Judy Koehler – jkoehler@marshall.edu