



West Virginia School Health Technical Assistance Center

Please join us Wednesday, December 10, 2014

from 2:30-3:30 PM

for a free webinar on

Adolescent Self-Management - Online

The American Academy of Pediatrics and Bright Futures recommends an annual screen of adolescents for risks that can result in a negative impact on their life and health. During this webinar we will demonstrate a quick and easy way to screen students for a number of risks to include nutrition, exercise, dental health, sleep, depression, suicide, school and home safety as well as personal safety, reproductive health, and substance abuse. Observe how students can develop their own action plan to help them make improvements in their health habits or decrease risk behaviors. Join us to see how this online tool developed by The Marshall University School-Health Technical Assistance Center can help you meet yearly requirements, as well as engage adolescents to begin the process of self-management toward a healthier lifestyle. Please join Mary Grandon, PA and Stephanie Montgomery from Marshall University School-Health Technical Assistance staff for a demonstration of the program.

This training is offered only via WebEx (no conference call lines will be available). **The Webinar is FREE but you must register in advance.** We are limited to 100 WebEx participants, so please **register early** and plan for group access when able.

**Registration Link, CEU Information and Presenter Bio
are available on our webpage:**

[West Virginia School Health Technical Assistance Center](#)

Learning Objectives - Participants will be able to:

1. Learn the history of Adolescent Self-Management in WV SBHCs
2. Have a better understanding of how to utilize the ASM in a SBHC or school setting

Miscellaneous Information:

CEUs pending through the Office of Maternal, Child and Family Health. Social Work Continuing Education provider registration number (490089); West Virginia Board of Examiners for Registered Nurses Continuing Education provider number (WV1999-0297).

This event is coordinated by the West Virginia Department of Education Office of Special Programs and Marshall University School Health Technical Assistance Center.

For questions contact:

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Paula Fields – prfields@access.k12.wv.us or Rebecca King – rjking@access.k12.wv.us

Bios:

Mary Grandon PA-C, has worked in Primary Care and School Based health for the last 10 years. She graduated from Alderson Broadus College in 1992 with a bachelor of science in Medical Science. She currently works for Cabin Creek Health Systems in one of their school based health clinics and for Marshall University School Based Health Technical Assistance team as Clinical Coordinator for the school based health centers around the state. She has helped with the expansion of school based health within Cabin Creek Health Systems and has participated in quality improvement projects with the state as well as with the National Assembly of School Based Health Care. She has also served as President of the WV School Based Health Assembly and has worked on state wide expansion of school based health centers.

Stephanie Montgomery, Data Manager with the School Health Technical Assistance Team at Marshall University. Stephanie has 20 years’ experience in working with West Virginia’s school-based health centers. She has assisted with the development of various software programs to collect information for the various medical, mental and oral health school-based programs. Using data exported from the programs, Stephanie produces site-based and state wide reports.

SAVE THESE DATES:

When: 2:30pm-3:30pm

Visit [West Virginia School Health Technical Assistance Center](#) for more information.

January 14, 2015	Immunizations (topic TBA)
January 28, 2015	Asthma
February 11, 2015	ACA and Community Services (WVInRoads, insure now, parent engagement)
February 25, 2015	School Resources for Equity
March 25, 2015	Seizure Medications (prescribing and administering)
April 15, 2015	Drug Diversion
June 16 & 17, 2015	KidStrong Conference