



ASTHMA VISIT DOCUMENTATION FORM

Name: _____ Date: _____

History number: _____ Peak flow personal best: _____

CLASSIFICATION (circle appropriate category)

	1: Mild intermittent	2: Mild persistent	3: Moderate persistent	4: Severe persistent
Use of quick-acting medication	< 2 times/week	3 to 6 times/week	Daily	All the time
Night-time waking	≤ 2 times/month	3 to 4 times/month	> 5 times/month	Frequent
Symptoms interference	Not at all unless with attack	Only with lots of activity	Only with moderate activity	With any activity
FEV ₁ , PEF (% pred.)	≥ 80 percent	≥ 80 percent	> 60 percent, < 80 percent	≤ 60 percent

Type of visit: _____ Acute / FU / Educ. _____

BP: _____

HT/WT: _____

Pulse: _____ **O₂ Sat:** _____

RR: _____

Days with Sx (#/wk): _____

Current severity score: 1 2 3 4

Triggers: _____

Social issues: _____

Tobacco exp.: _____

ER since last visit? Y N Dates: _____

Hospitalizations since last visit? Y N Dates: _____

Bronchodilator: _____

Controller: _____ **Other:** _____

Peak flow: Pre: _____ Post: _____ **Triggers this visit:** _____

History: _____

Pertinent ROS: Derm: _____ GI: _____ ENT: _____ Other: _____

Physical exam: HNT: _____

CV: _____

Pulm: _____ wheezes _____

GI: _____ I:E _____

Other: _____

Treatment notes: _____

Assessment: 1. Asthma _____

2. _____

3. _____

Plan: 1. _____

2. _____

3. _____

TEACHING *Review / Update* _____ *Review / Update* _____

Action plan/Education: _____ **Trigger avoidance/coping:** _____

Smoke/Environment: _____ **Controller meds:** _____

Peak flow: _____ **What asthma is:** _____

Use of MDI/spacer/neb: _____ **Exercise:** _____

Other: _____ **School/work issues:** _____

Planned F/U: _____ **MD/PA/NP:** _____



Developed by Kurtis S. Elward, MD. Copyright© 2004 American Academy of Family Physicians. Physicians may photocopy or adapt for use in their own practices; all other rights reserved. "Asthma Days: An Approach to Planned Asthma Care." Elward KS. *Family Practice Management*. October 2004;43-48; <http://www.aafp.org/fpm/20041000/43asth.html>.