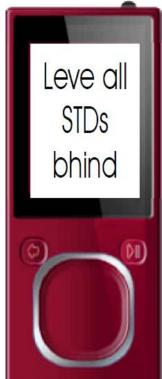
# Communicating and Addressing

Conference Conference Leve all



April 30, 2009

Tamarack Beckley, W.Va.





# Communicating and Addressing Adolescent HIV/STD & Unintended Pregnancies in the 21st Century

# **Conference Agenda**

<b>Thursday, April 30</b> , 2009		
8 a. m 9 a.m.	Registration and Continental Breakfast	
8:45 a.m 9 a.m.	Welcome and logistics	
9 a.m 10 a.m.	Session1: Laws	
9 a.m 10 a.m.	<b>Denise Smith, MS</b> , <b>CHES</b> of WVDHHR, Program Director of Family Planning WV Family Planning laws, teen birth statistics and contraceptives.	Page 4
10 a.m Noon	Session 2: Best Practice	
10 a.m 10:30 a.m.	<b>Rick Deem, MS</b> of WVDE, Office of Healthy Schools Health Content Standards and Objectives, Health Education Assessment Program, Youth Risk Behavior Survey and the MU-PRC Data Portal.	Page 5
10:30 a.m Noon	Caroline Williams, M.D. WVDHHR-HIV/AIDS and STD Program Director Current information about HIV/AIDS and STDs, local resources and screening.	Page 6
12 p.m 1 p.m.	Lunch Provided	
1 p.m 3 p.m.	National Speaker	
1 p.m 3 p.m.	Douglas Kirby, Ph.D.  The identification of 17 characteristics of effective sexuality and STD/HIV education programs. Dr. Kirby has conducted social science research for more than 30 years and has been studying adolescent sexual behavior and programs to reduce their sexual risk-taking behavior for more than 25 years. Please review his biography and extensive contributions to reducing the risk of adolescent sexual behaviors at <a href="http://programservices.etr.org/index.cfm?fuseaction=spotlights.summary&amp;SpotlightID=78">http://programservices.etr.org/index.cfm?fuseaction=spotlights.summary&amp;SpotlightID=78</a>	Page 7
3 p.m 4 p.m.	Session 3: Practicing Prevention in WV	
3 p.m 4 p.m.	Rebecca King RN, CSN, MEd, MSN of WVDE, Office of Healthy Schools Patricia Kelly, MD of Marshall University School of Medicine Heather Wood, R.N., C.F.N.P. of Huntington High School The public school role and the School-based Health Center role in adolescent health education, prevention and health promotion initiatives for students with special focus on best practices, immunizations and adolescent well visits (HealthCheck).	Page 8
4 p.m.	TURN IN EVALUATIONS AND PICK UP CEUS/CERTIFICATES	

This event will provide Nursing, Counseling and Social Worker CEUs

WV Board of Examiners for RN CEU provider Number# WV1999-0297 Counselor CEU provider Number# WVBEC-529 Licensed Social Worker CEU provider Number# 4900089

One hour of graduate credit from Marshall University will be offered at a minimum fee for this event.

Registration will be onsite.

This Conference is provided by WVDE-Office of Healthy Schools, Raleigh County Health Services and Marshall University School-Health Technical Assistance and Evaluation Center



#### Douglas Kirby, Ph.D. - Senior Research Scientist

Dr. Douglas Kirby is nationally known for his work in the field of adolescent sexuality, particularly for his reviews of the research on school and community programs to reduce adolescent sexual risk-taking behaviors. One of these reviews is the widely acclaimed Emerging Answers 2007: Research Findings on Programs to Reduce Teen Pregnancy and Sexually Transmitted Diseases. In that review and others, he has also

painted a more comprehensive and detailed picture of the risk and protective factors associated with adolescent sexual behavior, contraceptive use, pregnancy, and STD and has identified important common characteristics of effective sexuality education and HIV education programs throughout the world. He has also been Principal Investigator of many evaluations of initiatives to reduce teen pregnancy. More recently he has completed work on the reasons for the decline of AIDS in Uganda.

# **Projects**

AIDS and Uganda: Reasons for Success

Assessing the Impact of Follow-Up among Teen Reproductive Health Clinic Patients

International Review of Curriculum-Based Sexual and Reproductive Health Programs

Reducing the Risk (RTR) Evaluation

Review of Programs and Other Factors to Reduce Sexual Risk among Teen and Adult Women

10 a.m. – 10:30 a.m. **Session 1: Laws** 

### **Denise Smith**

Denise Smith is the Director of the West Virginia Family Planning Program, within the Office of Maternal and Child Health, Bureau for Public Health, DHHR. She previously worked as the Coordinator of the Adolescent Pregnancy Prevention Initiative and as a Family Planning Program Specialist. Denise is a graduate of West Virginia University School of Medicine with a Masters Degree in Community Health Promotion. She is also a Certified Health Education Specialist. Her undergraduate degrees are from West Virginia State College and Morris Harvey College.

In addition to her work in Family Planning, Denise continues work in the field of health care as a Medical Imaging Technologist. She is licensed in diagnostic radiology and mammography. She lives in Belle, WV, east of Charleston

- 1. Participants will be knowledgeable of West Virginia Family Planning Laws.
- 2. Participants will be knowledgeable of teen birth rate in West Virginia.
- 3. Participants will be able to list the contraceptive methods available for adolescents.
- 4. Participants will be able to identify reproductive health resources for adolescent students.

April 30, 2009 10 a.m. – 10:30 a.m.

Session: 2 Best Practices

#### Rick Deem

Rick is the Data Management coordinator for the West Virginia Department of Education, Office of Healthy Schools. He received his Bachelor of Science and Master of Science degree from West Virginia University and taught Health Education, Wellness, Healthcare Fundamentals and English in Wood County for 33 years. He is also an adjunct instructor at WVU-Parkersburg as well as an American Red Cross/American Heart Association First Aid/CPR instructor. Rick has served on numerous state and national health education committees, is a technology mentor for the WV Health and Physical Education Leadership Academy and was named the 2001 WV Health Educator of the Year. In his spare time, you might find him playing golf, officiating track and field, or playing with his three grandchildren.

- 1. Participants will be knowledgeable of 21st Century Health Content Standards and Objectives for grades 5-12.
- 2. Participants will be knowledgeable of existing school health data sets (HEAP, YRBS, YTS, SHPPS, PRIDE, School Health Profiles, SHI, etc).
- 3. Participants will be able to incorporate data into their daily practice and programming for student health education.

Session 2: Best Practice

#### Caroline Williams

Dr. Caroline Williams has been the Director of HIV/AIDS/STD Program since September, 2007. She attended Morris Harvey College and earned an Associate of Art Degree in Nursing, a Bachelor Degree of Science in Biology, and a Bachelor Degree of Art in Psychology and become certified in secondary education.

Dr. Williams graduated from WVU Medical School and completed a family medicine residency program at WVU CAMC. Shortly following graduation, Dr. Williams entered private practice in the Charleston area and has done work for Kanawha Hospice as well. She is also a member of various professional medical organizations.

- 1. Participants will review current STD statistics for West Virginia.
- 2. Participants will be knowledgeable of the current STDs/STIs seen in the adolescent population.
- 3. Participants will understand the recommended screening test and the sites available for testing.
- 4. Participants will be knowledgeable of WVDHHR-HIV/AIDS & STD Program resources.

### **Douglas Kirby**

Dr. Kirby earned his doctorate in Sociology at the University of California, Los Angeles, and is currently a Senior Research Scientist at ETR Associates. Dr. Kirby has conducted social science research for more than 30 years and has been studying adolescent sexual behavior and programs to reduce their sexual risk-taking behavior for more than 25 years. He has directed numerous evaluation studies of adolescent sexual behavior, abstinence programs, sex and STD/HIV education programs, school-based clinics, school condom availability programs, and youth development programs. He co-authored research on the Reducing the Risk, Safer Choices, and Draw the Line curricula, all of which significantly reduced unprotected sex, either by delaying sex, increasing condom use, or increasing contraceptive use among teens. He has painted a more comprehensive and detailed picture of the risk and protective factors associated with adolescent sexual behavior, contraceptive use, and pregnancy, and has identified important common characteristics of effective sexuality education and HIV education programs. In 2001, he authored the groundbreaking publication, *Emerging Answers: Research Findings on Programs to Reduce* Teen Pregnancy, and in 2007 he authored Emerging Answers 2007: Research Findings on Programs to Reduce Teen Pregnancy and Sexually Transmitted Diseases, both of which have been widely acclaimed. He has also written reviews of the field for the Centers for Disease Control and Prevention, the National Institutes of Health, and various foundations.

- 1. Participants will obtain a brief history of the past 25 years of adolescent sexual behaviors and programs research focused on reducing sexual risk-taking behavior.
- 2. Participants will learn about the 17 characteristics of effective sexuality and STD/HIV education programs.
- 3. Participants will learn best practices for school personnel and school-based health personnel when encountering sexually active students.

## Rebecca King

Ms. King is a Coordinator in the Office of Student Services and Health Promotion at West Virginia Department of Education. Rebecca is a graduate from the University of Charleston with a Bachelor in Science of Nursing. She graduated from Marshall University with a Master of Science in Adult Technical Education and a Master of Science in Nursing Administration. She has a background in cardiac, eye, ear, nose and throat, home health and a practical nursing instructor, and adjunct professor for Mountain State University with emphasis in medical surgical nursing, anatomy and physiology, pediatrics and fundamental skills.

#### **Patricia Kelly**

Patricia Kelly is a board-certified Adolescent Medicine Specialist and Professor of Pediatrics, at the Joan C. Edwards School of Medicine, Marshall University. She received her B.A. from Boston University (1977) and her M.D. from Boston University School of Medicine (1977). She has an incalculable knowledge in the adolescent field, as well as many honorary accomplishments and various published articles.

Dr. Kelly has served on many national and state committees including past president of the WV Chapter of the American Academy of Pediatrics and the National Assembly on School-Based Health Care. Dr. Kelly has written abstracts on "Adolescent health care and practicing pediatrician in West Virginia (1993)" and "Comparison of pregnant and contracepting adolescents (1994)".

#### **Heather Wood**

Heather Wood received her BSN from West Virginia University College and MSN from Marshall University. She is also a School Health Nurse and Family Nurse Practitioner. Heather is involved in the Joan C. Edwards SOM Clinical Faculty, WVASN member and AAP-WV Chapter Allied Health member.

- 1. Participants will understand their role as school personnel in assisting adolescents with reproductive health education and services.
- **2.** Participants will be knowledgeable of W.Va. Code and WV State Board of Education rules regarding education and health services to adolescent students.
- **3.** Participants will gain knowledge of the national health promotion and disease prevention initiative called BrightFutures.
- **4.** Participants will learn about current adolescent immunization recommendations and adolescent well child visits (HealthCheck).