

BENEFITS BEYOND WHAT YOU EXPECT

UniCare Health Plan of West Virginia, Inc. members get free services and extra benefits like:

24-hour nurse help line

- Call a nurse anytime at 888-850-1108 (TTY 711).

Asthma

- One-on-one education with an asthma nurse educator to create an action plan
- Certified Disease Management program to manage asthma and COPD
- Scholarships to Camp Catch Your Breath for ages 8-13

Diabetes

- One-on-one education with a registered nurse
- Scholarships to Camp Kno Koma for ages 7-15
- Diabetes education classes
- Free glucometers



Phone services

- Free cellphone with free monthly minutes, data, and text messages for eligible members, plus unlimited calls to the Customer Care Center and free health reminder texts

Help for pregnant members and new moms

- Fresh Fruit & Veggies program with up to \$100 in fresh produce
- Diapers mail-ordered to doorstep for completing six prenatal visits
- Safe Sleep kit for babies under 1 year old
- Convertible car seat or portable crib for completing six prenatal visits
- Electric breast pump accessory kit
- Two preventive dental care visits during pregnancy and up to six weeks after baby's birth
- Neonatal abstinence syndrome (NAS) program graduation gift
- Taking Care of Baby and Me® program

Not a member?

Choose UniCare today!

Call 800-449-8466 (TTY 304-344-0015)
or visit chooseunicare.com.

Health and wellness

- Personal hygiene box or voucher to purchase up to \$50 worth of hygiene products
- Feminine care collection for females 10-18; members can receive a voucher to purchase feminine care products, or a feminine care collection kit
- Online well-being program for ages 13 and up promoting behavioral health and wellness
- Up to \$75 in healthy lifestyle aids
- SUD Recovery Support program
- Help line to quit smoking
- WW® (formerly known as Weight Watchers®) program for qualifying members 18 and older (online included)
- Youth club memberships at participating Boys & Girls Clubs (excluding camps)
- Active & Fit® program — Eligible members ages 18 and up can receive vouchers for gym memberships to participating gyms or home fitness kits

Dental

- Oral care essentials box with items like an electric toothbrush, toothpaste, and dental floss

Other

- \$100 gas card for members (\$25 every three months per household)
- Free laptop for members graduating high school with a 3.5 or higher GPA or complete/pass TASC/GED
- Family activity coupon book (one per household)
- Access to our Community Resource Link



Already a member?

Call 800-782-0095 (TTY 711) or visit unicare.com/wv to learn more about getting these benefits.

unicare.com/wv



Do you need help with your health care, talking with us, or reading what we send you? We provide our materials in other languages and formats at no cost to you. Call us toll free at 800-782-0095 (TTY 711). For help choosing a health plan, call 800-449-8466 (TTY 304-344-0015).

WW® and Active & Fit® are registered trademarks of WEIGHT WATCHERS International, Inc. and American Specialty Health Incorporated, respectively.

UniCare Health Plan of West Virginia, Inc.